

## Recreation Soccer Guidelines

	Kindergarten & 1 <sup>st</sup> Grade	2 <sup>nd</sup> Grade	3 <sup>rd</sup> & 4 <sup>th</sup> Grade	5 <sup>th</sup> & 6 <sup>th</sup> Grade	7 <sup>th</sup> & 8 <sup>th</sup> Grade
Roster size	10-12	8-10	10-12	12-14	15-18
Games	3v3 x2	5v5	7v7	9v9	11v11
Goalkeeper	No	Yes	Yes	Yes	Yes
Game duration	2x20mins	2x25mins	2x 25mins	2x 30mins	2 x 35mins
Referee's	No	No	Yes	Yes	Yes
Practice	1 hr	1hr 15mins	1hr 15mins	1hr 30mins	1hr 30mins
Ball size	3	3	4	4	5
Build out line	No	Yes- half way line	Yes- marked line	No	No
Field and goal size	30x20 6ft Puggs	40x25 6.5ftx12ft	50x30 6.5ftx18ft	60x40 6.5ftx18ft	100x65 8ftx24ft

**All divisions have coaches and substitutes on one side of the field and spectators on the other. No spectators or coaches are allowed behind the goals.**

### **K & 1st Grade Game day**

-3v3 with Puggs use 2 fields per match. Teams divide in two and play 2 simultaneous 3v3 games try to match "like abilities" with other team.

-NO GOALKEEPERS.

-No throw ins. Dribble on or pass in to restart play. Opposing players should give 5 yards of space for the ball to enter.

-No offside rule.

-Substitutions on any dead ball. Have substitutes ready to enter for quick turnaround.

-Coach from the sideline, one coach maybe on the field to help if needed.

## **2nd Grade Game day**

- 5v5 including goalkeeper.
- No punting from the goalkeeper is allowed.
- Build out line at the halfway line.
- Throw-ins when ball leaves the sideline. (Teach legal throw-ins).
- Goal kick if ball leaves end line off the offense, restart on 6 yard box. Corner kicks are played.
- No offside rule used.
- Substitutions on any dead ball, have subs ready to enter for quick turnaround.
- Coaches coach from the sidelines
- Coaches from either team referee one half of the game on the field. Switch the referee with the other team coach at half time.

## **3<sup>rd</sup> & 4<sup>th</sup> Grade Game day**

- 7v7 including goalkeeper
- Throw-ins when ball leaves the sideline.
- Goal kick if ball leaves end line off the offense, restart at 6yard box. Corner kicks played.
- Offside rule used.
- No Punting from the goalkeeper is allowed.
- Official build out lines to be used.
- Substitutions must ask the referees for permission.
- Coaches stay on the sidelines to coach.

## **5<sup>th</sup> & 6<sup>th</sup> Grade Game day**

- 9v9 including goalkeeper
- Throw-ins when ball leaves the sideline.
- Goal kick if ball leaves end line off the offense. Restart at the corner of the 6yard box.
- Corner kick when ball leaves end line off of the defense.
- Offside rule used.
- Substitutions must ask the referees for permission.
- Coaches stay on the sidelines to coach.

## **7<sup>th</sup> & 8<sup>th</sup> Grade Game day**

- 11v11 including goalkeeper
- Substitutions must ask referees for permission.
- Rules to conform to FIFA: FIFA Laws of the Game are available on our website.
- Coaches stay on the sidelines to coach.