



March 13, 2020

Effective Friday, March 13<sup>th</sup>, due to the exigent circumstances created by COVID-19/ Coronavirus, all Glastonbury Hartwell Soccer Club events will be suspended through March 29<sup>th</sup> and will reassess our position at that point. Based on our affiliation with Connecticut Junior Soccer Association (“CJSA”), all games, practices, clinics, and tournaments that are sanctioned by CJSA will be suspended until April 15<sup>th</sup>.

Glastonbury Hartwell Soccer club realizes that many of our teams participate in non-Hartwell sanctioned events as well as non-CJSA sanctioned events. As a club we urge all teams to cancel those activities until, at least, March 29<sup>th</sup>.

We will continue to monitor the progress of this situation while still taking guidance from The town of Glastonbury, Glastonbury School, CJSA and US SOCCER.

Should there be any change to our position, we will update all parties involved via email, our website, and social media.

To reinforce health safety and best practices for illness prevention, please review the list of recommended prevention and self care precautions below:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow the CDC's recommendations for using a facemask.
  - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including Corona virus.
  - Facemasks should be used by people who show symptoms to help prevent the spread of the disease.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Always wash hands with soap and water if hands are visibly dirty.

Thank you for your understanding and continued support of Glastonbury Hartwell Soccer Club.

-GHSC